



# STAIRTRAINER

BY LIFTUP

## THE FLEXIBLE STAIRTRAINER

FAST AND SAFE REHABILITATION WITH THE UNIQUE TRAINING LADDER WHICH CAN BE EASILY ADJUSTED TO DIFFERENT NEEDS

### Quick and safe rehabilitation

Thanks to our unique StairTrainer it's now possible to begin rehabilitation at a very early stage. The patented FlexStep™ system makes it possible to begin with very small steps, right down to 2.5 cm. This allows the user to train without being frightened by high stairs or the fear of falling down a long set of stairs.

### Digital height adjustment

With the digital display of current height it is possible to recreate the precise position from one time to the next or chart the progress of the user as they rehabilitate.

### Transportable

The StairTrainer can be easily and elegantly transported around as the turning wheels remain active when the StairTrainer is down to the floor. The StairTrainer can pass through an ordinary 90 cm door opening.

### Safety

The StairTrainer is fitted with a robust banister on each side meaning that the user never needs to fear falling during training.

## BENEFITS

- Rehabilitation after illness
- Strength training for walkingimpaired
- Maintenance training for the elderly or walking-impaired
- Several adjustment options for level of difficulty
- Simple to transport
- Digital display enables user to follow progress



*“We use StairTrainer for patients having balance disorders and trouble lifting their own legs as well as for patients with reduced endurance.”*

- Kristian Bech, Brønderslev Neurorehabilitering

## REFERENCES

- PTU, Rødovre/ Århus, Denmark
- Svendborg Sygehus, fysioterapien
- Kennedy Center, Glostrup
- Østervang, Brønderslev, Denmark
- Vestdansk Center for rygmarsvskade, Viborg, Denmark
- Nakimi Hospital, Japan
- Clinic Witikon, Schweiz
- New Tewkesbury Hospital, England
- Central Hospital Karlstad, Sverige
- Rehabilitation Centre Maria Frieden, Tyskland

## Technical Specifications:

Length: .....	1650 mm
Width: .....	820 mm
Height: .....	1085 mm
Dead weight: .....	105 kg
Electrical connection: .....	230 V - 10 A
Max. load: .....	180 kg
Duty cycle: .....	2min/18min
NOTE! .....	no load during operation

